

HEALTH RESOURCES

Central Place

SEP Children's Clinic

Tuesday

12:00 PM – 5:00 PM

266-6795 (by appointment only)

Christ the King Lutheran Church

600 1st Ave. N., Altoona

Call for an appointment

Services include: Physicals, immunizations, lab work, TB tests, well-child check-ups, care and medication for children and teens, & help applying for insurance programs.

Elleffson Free Clinic

Tuesday

1:30 PM to 4:00 PM

Thursday

5:30 PM to 8:30 PM

266-7622

1607 E. 33rd St.

****First come, First serve basis, No appointments**

Des Moines

LaClinica

Monday, Wednesday, Thursday

Free/Donation

8:00 AM to 5:00 PM

Tuesday

8:00 AM to 7:00 PM

Friday

8:00 AM to 3:00 PM

Closed 12:00 – 1:00 daily for lunch

Call at 8:00 am on day to be seen for scheduling

244-6162

2679 Murray St., Des Moines

(Left on 30th, Rt. On Murray)

Primary Health Care

Monday – Friday

Sliding Scale

8:00 AM – 5:00 PM

248-1600

3509 E. 29th

Des Moines

Primary Health-Grandview clinic

Monday – Thursday

4:00 PM – 8:00 PM

Saturday hours also available by appt.

9:00 AM – 1:00 PM

263-6035

1500 Morton Ave.

Des Moines

DURING THE DAY CALL 248-1600 TO SCHEDULE APPOINTMENT.

Clarke Street House of Mercy Free Clinic

Monday, Wednesday, Thursday, Friday

8:30 AM – 11:30 AM

12:30 PM – 4:30 PM

Tuesday

9:00 AM – 11:30 AM

643-6525

12:30 PM – 4:00 PM

1409 Clark St, Des Moines

CALL AHEAD FOR AN APPOINTMENT