

CIML DIRECTIONS

<p><u>Ames High School</u></p> 	<p><u>Ankeny High School</u></p> 	<p><u>Des Moines East High School</u></p> 
<p><u>Fort Dodge High School</u></p> 	<p><u>Dowling Catholic High School</u></p> 	<p><u>Des Moines Hoover High School</u></p> 
<p><u>Marshalltown High School</u></p> 	<p><u>Indianola High School</u></p> 	<p><u>Des Moines Lincoln High School</u></p> 
<p><u>Mason City High School</u></p> 	<p><u>Johnston High School</u></p> 	<p><u>Des Moines North High School</u></p> 
<p><u>West Des Moines Valley High School</u></p> 	<p><u>Southeast Polk High School</u></p> 	<p><u>Des Moines Roosevelt High School</u></p> 
<p><u>Waukee High School</u></p> 	<p><u>Urbandale High School</u></p> 	<p><u>Ottumwa High School</u></p> 



Ames High School -- 1921 Ames High Drive, Ames

Exit off of I-35 at the 13th Street Exit and proceed west to Grand Avenue. At Grand, turn right and proceed to the 20th Street stop lights. At 20th and Grand, turn left and proceed west to the high school. Basketball, volleyball, swimming, track, wrestling, football, softball and soccer facilities are located at the high school. **Baseball --** is located at Brookside Park. At 13th and Grand, turn left and proceed south to 6th Street, where you turn right and proceed west. After you cross the river, turn right into Brookside. **Tennis --** is commonly held Ames High and at Brookside Park or Innis Grove (go to 24th and Grand and turn right and proceed east to the courts). **Golf --** is normally held at Ames Golf & Country Club -- from 24th and Grand turn left and proceed west. Follow 24th (it becomes R-50) west and north to the Country Club which is approximately three miles north. **Soccer --** played at AHS football stadium.



Ankeny High School -- 1302 NW Ankeny Blvd., Ankeny

Off I-35, take Ankeny exit (location of the Econo-Lodge and Best Western Motels). You will be exiting the interstate on to what is called 1st Street. Proceed west on 1st Street, to the third set of stop lights (intersection of 1st Street and Hwy 69). Turn north (right) and proceed approximately 1/4 mile. The high school is on west side of highway. **All athletic facilities except cross country and golf are located at or near the high school.** **Golf** is usually played at Otter Creek Golf & Recreational Area, approximately two miles north of the school on Highway 69, then a mile east. **Cross Country** will be run at DMAAC. **Parkview Middle School** (junior varsity basketball) is located 3 blocks west of the 1st St. and Hwy 69 intersection south of the high school. **Northview Middle School (9th Football, Track)** is located at 1010 Prairie Ridge, coming in on I-35, take exit 91 on to 1st St. of Ankeny. Proceed west on 1st St. to the 4th set of stoplights (junction of Hwy. 69). Continue through this intersection (west) to the next set of stop lights (intersection with NW Ash St./look for Ankeny water tower landmark). Turn right (north) onto NW Ash St. and proceed to the intersection with NW 9th (Prairie Ridge). Proceed north through this intersection and turn into the school driveway entrance (2nd left). For Football/Track events park bus in the parking lot adjacent to the track. For indoor events turn left at the 2nd opportunity, let students off at the SE Bldg. entrance and then park in the adjacent lot.



East High School -- 815 E. 13th St., Des Moines
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I-235 to the East 15th St. exit and proceed north to Walker Street. Turn left to go to the high school or right if going to the stadium, track and softball field or tennis courts. The tennis courts are one block east of the high school. The baseball and softball fields are located two blocks northeast of the school and adjacent to Williams' Stadium. For events in the gymnasium or pool, park in the lots north of the school. For **football, track, tennis, baseball and softball**, use the stadium parking at Williams' Stadium, East 15th and Walker streets. **Golf** matches are held at at Grandview Golf Course. Grandview is located on East 29th street outh of Hubbell. **Soccer:** Cownie Soccer Park, Take 14/15th street exit off I-235. Turn South on 14th Street. Continue on 14th Street to Hartford and turn left. Follow road to soccer park. Coming from south of Des Moines, take the bypass to 65/59 and exit to Des Moines. The high way will become SE 14th Street. Follow to Hartford, Turn right and follow road to Soccer Park.



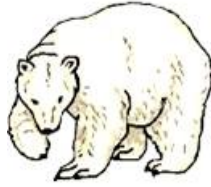
Hoover High School -- 4800 Aurora Ave., Des Moines

Interstate 35 to Interstate 80. Proceed to the Merle Hay Road exit and turn south to Aurora (Bob Brown Chevrolet). Turn east for 10 blocks. For events in the gymnasium and pool it is best to park in the west lot and enter through the north doors. Both facilities are in the west wing of the school. **Football, Track and Soccer** facilities, nine through varsity, is at McGrange Stadium, directly west of the high school. The **baseball** diamond is located west of the high school. The **softball** diamond is located on the southwest portion of the campus. **Golf and tennis** matches are scheduled at various sites in the metropolitan area.



Lincoln High School -- 2600 SW 9th St., Des Moines

Interstate 235 to the Keo exit south, turn south on 9th St. through downtown Des Moines. Follow SW 9th St. to Bell or Loomis streets, turn right (west) one block. **Hutchens Stadium (football, varsity/9/10 track . Just north of the Lincoln roundhouse Boys or Girls only all level basketball,. will be held @ Central Campus at 1800 Grand @ Bowen Roundhouse; (9/10 JV B/G basketball Kurtz Jr. High 1000 Porter Ave. (Baseball/Softball):** Located at 1000 Porter Ave., two miles south of the high school on S.W. 9th to Porter, turn west and go about one block. **Tennis** matches are held at school courts, just north of the high school on SW Bell. **Golf** matches are at courses in the metropolitan area. **Soccer:** Cownie Soccer Park, Take 14/15th street exit off I-235. Turn South on 14th Street. Continue on 14th Street to Hartford and turn left. Follow road to soccer park. Coming from south of Des Moines, take the bypass to 65/59 and exit to Des Moines. The high way will become SE 14th Stree. Follow to Hartford, Turn right and follow road to Soccer Park.



North High School -- 501 Holcomb, Des Moines

Interstate 35/80, take the 2nd Ave exit south to Holcomb Ave. From I-235 take 6th St. exit north to Holcomb Ave. The School is located on the west side of 2nd Ave. **Volleyball/Basketball/Wrestling and swimming** take place in the gymnasium and pool located in the south wing of the school. Use the southeast parking lot and enter through the south doors. **Varsity football/soccer games** are played at Grubb Football Stadium west of 6th Ave. **Baseball and softball** facilities are east of the school. **Golf** is played at Grandview Golf course located on E. 29th. Take I-235 to the Guthrie exit, take Guthrie to the East until you reach 29th Street. Turn left half a block to the entrance. **Tennis** matches are held at McPhearson Courts (Old Birdland), just south of the high school.



Roosevelt High School -- 4419 Center, Des Moines

Interstate 235 to the 42nd St. exit and proceed north to Center St. Turn left to the high school. **Baseball, Softball, Basketball, and Volleyball. Track** is run at various stadiums.. **Varsity football games** are scheduled at **Drake University Stadium. Waveland Golf Course (golf):** Take the 42nd St. exit off of I-235 and proceed north to University Ave. Turn left to 49th St. **Soccer:** Cownie Soccer Park, Take 14/15th street exit off I-235. Turn South on 14th Street. Continue on 14th Street to Hartford and turn left. Follow road to soccer park. Coming from south of Des Moines, take the bypass to 65/59 and exit to Des Moines. The high way will become SE 14th Stree. Follow to Hartford, Turn right and follow road to Soccer Park. **Waveland Courts (tennis):** Take the 42nd St. exit north off of I-235. Proceed north to Center St. and turn left. Continue past the high school to Polk Blvd. and turn right. Go north for about two blocks. **Golf** matches are scheduled on courses in the metropolitan area.



Dowling Catholic High School -- 1400 Buffalo Road, West Des Moines

I-235 to 8th Street exit, West Des Moines exit and turn north. Take exit to 8th street and turn north (left) Cross railroad track and turn left at next stoplight. Proceed up a small hill to the school on your left. **All home athletic events** with 2 exceptions will take place on campus. **Varsity football games & Golf** events will take place at various sites in the area.



Fort Dodge High School -- 819 N. 25th St., Fort Dodge
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Take I-35, Highway 69, or Highway 17 to new Highway 20 west. On 20 proceed to the first Fort Dodge exit (Coalville and Fort Dodge). Proceed north to old Highway 20 (T-intersection) and turn left, traveling west to the 1st stoplight (Sonic Restaurant Corner). Turn right (north) on 32nd Street to T-intersection, turn left and proceed west, approximately one-half mile. High School will be on your left. **Football Stadium (football, track, baseball, tennis):** Continue going west past the high school to a 4-way stop. Turn right on 21st St. traveling north to Floral Ave then turn right going east. The stadium is on the left at 1930 Elm Hurst Ave. **Ninth grade boys and girls basketball** is played at Butler Elementary School-- As you are coming into town from the interstate stay on 5th Ave. south and go pass the Crossroads Mall Shopping Center until you get to 18th Ave. South. Turn left on 18th Ave. South and go 5 blocks south on 18th and Butler Elementary will be on the left. **Harlan Rogers (softball):** Continue on 5th Ave South until you get to 15th Ave North (Jiffy Lube Corner) turn right, proceed north to the outskirts of town. **Golf** is normally played at the Fort Dodge Golf & Country Club -- take highway 169 exit off of new 20 and proceed north. Take the first exit after Iowa Community College campus.



Indianola High School -- 1304 E 2nd Ave., Indianola

Highway 69 south to Salem St. and turn left and proceed east to the school grounds, OR continue on Highway 65-69 to the intersection of Hwy 65-69 and Highway 92. Proceed east on Highway 92 to the high school. Contests held at the high school are: volleyball, basketball, wrestling, tennis, baseball, softball, soccer and 9th and JV football. **Simpson College (10/varsity football, track, soccer, swimming):** Turn west on Iowa Street off Highway 65-69, proceed west until you come to D Street, where you turn left and go 4-5 blocks. Busses should unload at the sidewalk, near the north end of the stadium. **Pickard Park (cross country):** Follow same directions for school and continue on Hwy 92 to the Park. **Indianola Country Club (Varsity golf):** Highway 69 south to Balloon Museum (north edge of town) turn west on Orchard Ave. Go to 3rd stop sign (Country Club Road) turn right for 1 block. Turn right at the sign. **Shady Oaks (JV golf):** Is located in the town of Ackworth which is 5 miles east of Indianola on Hwy 92. Course is on the highway about 1/2 mile from town.



Johnston High School -- 6501 NW 62nd Ave., Johnston

(All events are held here except golf: Interstate 80 West to the Merle Hay exit. Turn north or right on Merle Hay Road. Stay on Merle Hay Road for approximately two miles and turn west or left on NW 62nd Avenue. Go one block, the high school will be on your right. **Jester Park (Golf)** -- Interstate 80 West to the 141 exit. Stay on Highway 141 (approximately 5 miles until 121st Avenue and turn right (there will be a Jester Park sign). Follow 121st Avenue and you will see the golf course.



Marshalltown High School -- 1602 South 2nd Ave., Marshalltown

Coming in on South 14 - stay on 14 (Center Street) going north Olive Street. Turn east (right). School is one block. Athletic Complex is two blocks on the north side of the street. Parking lots on the left. Coming on North 14 - Continue on 14 (3rd Ave) Stay on 3rd Ave. This will take you past a middle and an elementary. Coming up the hill, go around a "S" curve. This takes you to the parking lots. Coming in on East/West 30 - take exit #185 (Marshalltown Community College /Newton exit) turn north onto Highway 14. stay on 14 (Center Street) going north Olive Street. Turn east (right). School is one block. **Lenihan Junior High (9th volleyball, 9th basketball):** Follow directions to Olive Street, proceed north two more blocks to Ingledue. Turn left (west). Proceed 5 blocks. School is on your left. **Iowa Veterans Home (cross country):** Coming in from the Diagonal (Old 330), turn into Lincolnway. Continue on Lincolnway to 9th St., turn left and continue to Summit. Turn left on Summit to 13th St. Coming in on South 14 - stay on 14 (Center St) going north until you come to Boone St. turn left - Proceeding to 9th st. Turn right - continue to Summit. Turn left on Summit to 13th st. Entrance will be to your right. **American Legion Golf Course (girls golf):** Follow directions to Olive Street. Turn left (west) at stoplight. Proceed six blocks to stop light, turn right onto Sixth Street. Proceed one block to entrance on your left. **Elmwood Country Club (boys golf):** Follow directions to Olive Street. Turn left (west) at stop light onto Olive. Proceed on Olive until you come to Country Club Lane. Turn left (south). **Bowling:** Go Olive St. Turn left (west) at Stoplight. Proceed six blocks to stop light, turn right onto 6th st. Proceed two long blocks to entrance on your left.



Mason City High School -- 1700 4th St. SE, Mason City

I-35 north to Highway 18 (Exit 190). **Mason City High School Baseball Diamond/Roosevelt Middle School:** Coming in on Highway 18 East, take Exit 186 (which is Highway 65 or Federal Ave.) Go to 15th Street South East (3 blocks past McDonald's) and turn right. Go 2 blocks and you will be at Roosevelt Middle School and playing fields. **Mason City High School Football Field/Soccer Field/Gym/Softball Diamond/John Adams Middle School:** Coming in on Highway 18 East, take Exit 190 (which is California Avenue/NIACC). Go to stop sign and turn left onto Highway 122. Travel West on Highway 122 -- the High School/JAMS will be on the right (North) side. **Mason City Country Club (Girls Golf):** Coming in on Highway 18 East, take Exit 183 (which is Eisenhower Avenue). Travel North on Eisenhower Avenue to the stop sign and turn right (East). Travel East and the Mason City Country Club will be on the right (South) side. **Highland Golf Course (boys Golf/Cross Country)** Follow directions to high school. Turn right(north) at stoplights. Travel on Illinois Ave. until you come the T-intersection, turn left. Travel west on 12th street NE to the lights of the crosswalk at North Rhode Island. Turn right onto North Rhode Island and procee to the T-intersection. Turn right onto 17th stree NE and proceed to the clubhouse (left side of the street).



Ottumwa High School -- 501 E. 2nd St., Ottumwa

Schafer Field – 1401 E. Fourth (football and track) Highway 63 south to Pennsylvania Ave (exit 36) go right on Pennsylvania Avenue for approximately one mile to Elm Street (there will be a stop sign at this intersection). Go left on Elm Street for approximately one mile. You will turn right on Center Street which will take you to the visitor side of the stadium. The team buses should proceed to Fourth Street. Turn right on Fourth Street for one half block and then right into the field house parking lot. **Evans Gymnasium** – 812 Chester Ave. (basketball, wrestling, volleyball). From Highway 63 take exit 40 which is Hwy 149/Business 63. Turn right on to Hwy 149/Business 63 and proceed into Ottumwa. Stay on this highway and go across the river on Hwy 149 to the junction of 34. Continue straight south on Ferry Street for about 14 blocks until you come to Chester Avenue. Evans Middle School will be on the right. Turn right on Chester Avenue to the parking lot. **Walsh Jr High/Central Board Office** – 422 McCarroll (9th/10th basketball and soccer). From Highway 63 take exit #40 which is Hwy 149/Business 63. Turn south onto Highway 149/Business 63 and proceed into Ottumwa for one block past the first stop light. Turn left on Bonita Street for two blocks. Turn right onto Kenwood for one block and then left on McCarroll Drive. **Greater Ottumwa Park** (tennis and baseball) From Highway 63 take exit 40 onto Highway 149/Business 63. Go south into Ottumwa and cross the river to the junction of Highway 34. Continue straight south on Ferry Street for approximately one-half mile. Take the first left turn off Ferry into the park entrance. Turn left (north) immediately after entering the park. Follow the park road to the tennis courts and baseball fields (Legion Field). **Huston softball field** – 438 McKinley (softball) From Highway 63 exit #40 which is Highway 149/Business 63. Go south on Highway 149/Business 63 into Ottumwa and cross the river to the junction of Highway 34. Continue straight south on Ferry Street to Greenwood (three blocks south of Wendy's). Turn right onto Greenwood for approximately 12 blocks to McKinley. Turn right onto McKinley and then take the first right into Huston Field. **Cedar Creek Golf Course** – The municipal or Cedar Creek Golf Course is located north of

Ottumwa on Highway 149/Business 63. Take exit #40 off of Highway 63 and turn south for approximately one mile. **Ottumwa Country Club** – 304 E. Golf (golf). From Highway 63 take exit #40 which is Highway 149/Business 63. Go south on Highway 149/Bus 63 to the second stop light. Turn left onto Court Street. Follow Court Street to Golf Avenue. Turn left on Golf Avenue to the pro shop. **Beach Ottumwa** – 101 Church St (swimming). From Highway 63 take exit #40 which is Highway 149/Business 63. Go south on 149 into Ottumwa and cross the river to the junction of Highway 34. Go left on Highway 34 for approximately one-half mile to the Church Street exit. Go left on Church Street for two blocks and then left into the pool entrance. **Champion Bowl** – 2507 Roemer (bowling). Take Highway 63 to the junction of Highway 34. You will be on the east edge of town. Exit onto Highway 34 for approximately one-half mile to the first stop light. That is Roemer Avenue. Go on left on Roemer Avenue for approximately one-half mile. The bowling alley is on your left.



Southeast Polk High School -- 8325 NE University Ave., Pleasant Hill

Located on Highway 163 (East University) approximately 8 miles east of Des Moines and 5 miles south of Altoona. From I-235 take East University Exit and proceed east on Hwy 163 (east university) to the high school. From I-80, take exit 141 south on the Hwy. 65/69 bypass to Hwy. 163 (East University) and turn left. High School will be on the south of the highway.

Virtually all athletic facilities are located at the high school. **Toad Valley (girls golf):** Directly south of the high school. **Terrace Hills (boys golf):** Take Highway 6 (8th street) for four miles east of Altoona.

Bowling(Premiere Bowling) From I-80 take exit 141, Highway 65 by-Pass south. Exit at NE University Ave. (towards the Fair Grounds) to the west, at the intersection of NE 56th St. and University, turn left (south at Wells Fargo), bowling alley is located 1.5 blocks from the intersection, at the south end of the strip mall.



Urbandale High School 7111 Aurora Avenue, Urbandale
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From the east: Take I-80 to the Merle Hay Road Exit (131) and proceed south on Merle Hay Road. Take a right, turning west on Aurora Avenue. Travel to the intersection of 70th and Aurora Avenue. Urbandale High School will be on your right. The gyms and football field rest on the east side of the school; the softball field in Lions Park, directly south of the school, the pool directly west of the school on Aurora Avenue; the baseball field directly north of the school. Parking for softball is available around Lions Park and across Aurora Avenue at Urbandale High School. You may now enter the Baseball Complex either through the front of the High School or the traditional entrance off of Twana Drive. Buses should enter off of Aurora Avenue and travel between the High School and the Community Swimming Pool.

From the west: Take I-80 to the 86th Street Exit (129) and proceed south on 86th Street to Aurora Avenue (2nd stoplight). Take a left turning east on Aurora Avenue. Proceed east on Aurora Avenue past the Middle School. Urbandale High School will be on your left. The gyms and football field rest on the east side of the school; the softball field in Lions Park, directly south of the school, the pool directly west of the school on Aurora Avenue; the baseball field directly north of the school. Parking for softball is available around Lions Park and across Aurora Avenue at Urbandale High School. You may now enter the Baseball Complex either through the front of the High School or the traditional entrance off of Twana Drive. Buses should enter off of Aurora Avenue and travel between the High School and the Community Swimming Pool.



Valley High School – 3650 Woodland Ave. -- West Des Moines

With the exception of Bowling, Football, Soccer, Golf, Cross Country, freshman volleyball/basketball all athletic fields are located on the High School grounds. I-235 to Valley West Drive in West Des Moines. Take Valley West Drive south to Woodland Avenue. Turn right (west) to athletic parking lots. **Softball/baseball:** Continue on Valley West Drive past Woodland Avenue. You will see the school on the right. Fields are south of the school. **Football/Soccer:** Coming from the North/East/West - take I-80 West to I-35 South to the “Mills Civic Pkwy” exit. Go East (Left) on Mills Civic Pkwy. (4 blocks) to stadium. Address is 4440 Mills Civic Parkway. **Bowling: 63rd & Ashworth Rd-WDM** - Take I-235 to the 63rd Street Exit and go South (Right if coming from the West; Left if coming from the East). . Val Lanes is on the left on corner of 63rd and Ashworth. **Golf: (Willow Creek Golf Course):** Take I-35 South to Ext 68 (Hwy 5 WDM/Norwalk Exit)...Proceed to Ext 101 (SW Connector) and exit. Go to the top of the ramp and turn left and go about 1/8 mile. Turn Right on Army Post Road. Address is 140 Army Post Rd. **Cross Country/freshman volleyball/basketball: (Valley Southwoods Freshman High School)** Take I-80 to I-35 South to “Mills Civic Pkwy” exit. Turn left @ Stoplight. Go to Fuller Road & turn right. Got to 35th Street South and turn left. Southwoods is on the left. Address is 625 South 35th St.



Waukee High School -- 555 E. University Avenue

From the East - Take I-80 W to the University Avenue exit. Go West (right) on University approximately 5 miles. The high school is on the north (right) side of the road. OR Take I-235 West through Des Moines to the 74th St. Exit in West Des Moines. Go north (right) on 74th St. to University Avenue. Go West (left) on University Approximately 3 miles. The high school is on the north (right) side of the road. **From the North** - Take Hwy 17 to Hwy 141 to I-80 W. Follow the above east directions. **From the South** - Take I-35 north to University Ave. exit. Go west (left) on University approximately 5 miles. High School is on the North (right) side of the road. **Volleyball, Basketball, Swimming, Wrestling are at the High School. Baseball/softball, Soccer, Track and Football are held west across Ashworth Drive from the High School.**